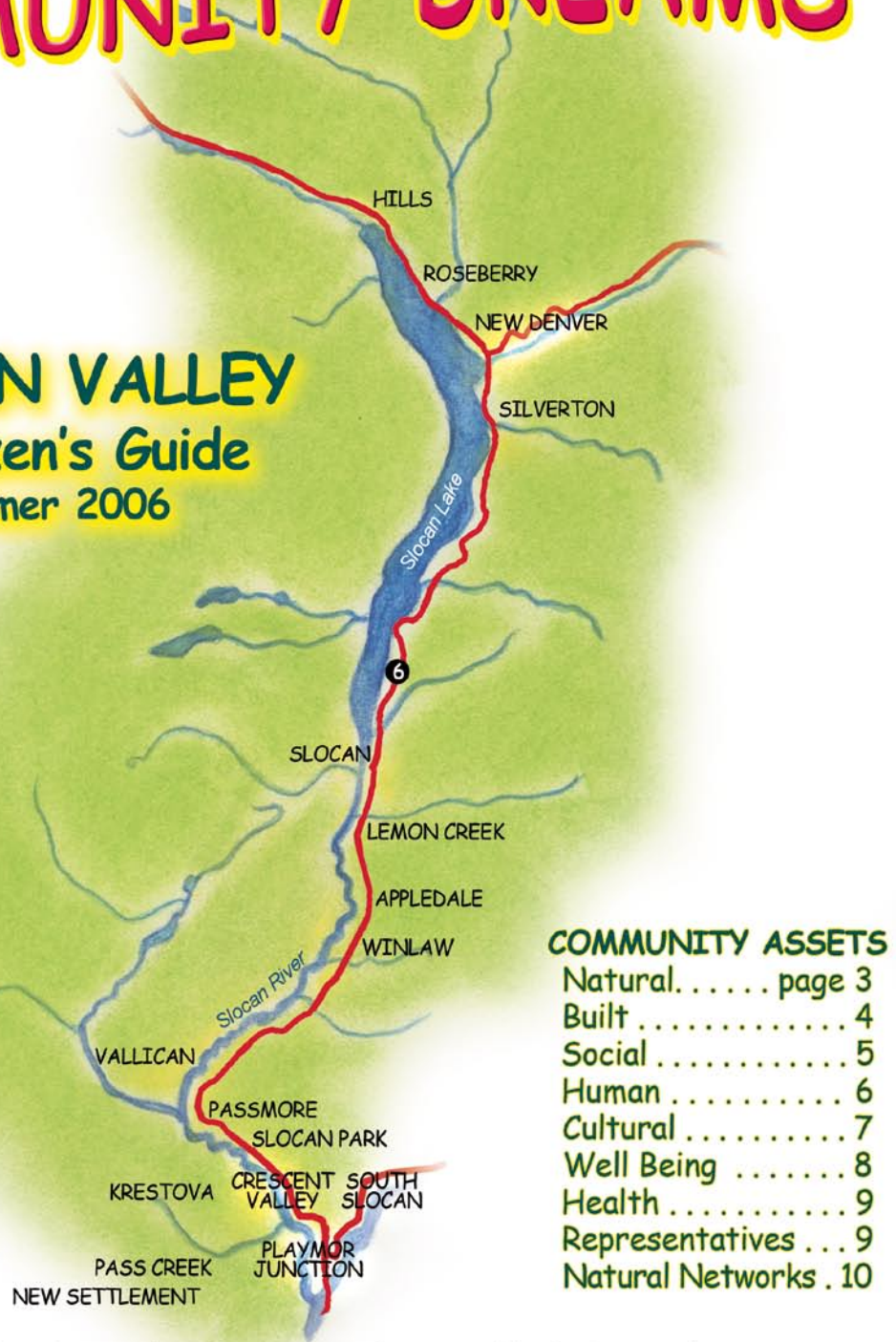


# CONNECTING COMMUNITY DREAMS

## SLOCAN VALLEY A Citizen's Guide Summer 2006



With many thanks and gratitude to all community volunteers and funding/support from W. E. Graham Community Service Society, Columbia Basin Trust Community Development program, Don Munro, Area H, Slocan Valley Economic Development Commission, Slocan Valley Arts Council, the Columbia Kootenay Cultural Alliance, Social Planning and Research Council of BC (SPARC-BC) and Kootenay Career Development Society.

# Report Back to the Community- Slocan Valley Asset Mapping Project

This project began as a research question asking "what is the sense of 'agency' among individuals, families and groups in the Slocan Valley- is there the capacity to project self into the world and have an impact?" Are people and voluntary organizations:

- Deliberative- able to have a voice,
- Critical- able to stand up to authority
- Constructive- able to act, to do things?

What we found is an amazing array of community volunteer organizations working to capacity to create awesome events, beautiful places and caring public services in the Slocan Valley.

This publication is intended to celebrate those volunteers and all they have given, past and present, to make the Slocan Valley a better place to live. For the newcomers and youth who are not yet involved, this is meant to be a handy guide to give you what you may need to speak out, stand up, and take action.

## WHAT HAPPENED?

In a series of five events between October, 2004 and May, 2005 around 300 community members of all ages came together to explore 'community', 'sustainability' and 'citizen engagement'.

## WHAT IS COMMUNITY?

The children said:

- *Community sounds like the burble of a singing brook, looks like a friendly smile or helping hand, feels like home.*  
7-year-old girl
- *Community is the Heart of the people.*  
12-year-old girl
- *Yummy water.* 4-year-old boy
- *A group of people working together.*  
8-year-old boy
- *A close-knit group of people who makes sure every bodies needs are met.*  
14-year-old girl

## WHAT IS SUSTAINABILITY?

The elders said:

- *What I can do for the community is what its all about. I grew up in a village of Koch Siding, Slocan Park and we shared our resources and were very resourceful- everything was used and reused.*  
70-year-old woman

- *Sustainability- where there is room for creative thought or renewal. Where people are not so individually exhausted they can never band together for the common good. Where we drive our own economy, as part of the world. Where art and the earth and industry are all valued.*  
67-year-old woman
- *Sustainability is a concept that many people are developing at this time. It includes elements of conservation (both of energy and resources), creativity (using what is available to meet basic needs) and respect (for all the other species and lifestyles we share our ecosystem with).*  
64-year-old man
- *Sustainability 1) the opposite of non sustainable 2) living within the ability of nature to support a diversity of life indefinitely 3) this can only be achieved when we know that we humans are inseparable from nature.*  
82-year-old man

## WHAT IS COMMUNITY ENGAGEMENT?

The participants said:

- *We meet many of our needs in rural communities through our non-profit organizations. In my organization, we are all getting older- who will keep these organizations going?*  
58-year-old man
- *Sustainable is to meet the needs of the people in any given area- by the people in that area.*  
18 year-old-woman
- *Permanence: When enough pieces of the sustainability puzzle come together, a community has permanence.*  
62-year-old woman

The goal of the events was to identify our strengths and assets as a community. Our community assets make up the capital of our community. On the following pages you will find a description of the natural, built, social, human, and cultural capital of the Slocan Valley and most importantly, the organizations that protect our community capital.

Individuals and businesses (except some health and well-being businesses) have not been included. If you would like to add your business, art or talent in a future map or for **ERRORS OR OMISSIONS PLEASE WRITE** Laverne Booth, Box, 41, Winlaw. VOG 2J0 or [laverne@netidea.com](mailto:laverne@netidea.com)

# Natural Capital

Our beautiful valley has spectacular natural assets that include:

- Slocan Valley Watershed from Summit Lake, Slocan Lake, Slocan River, Little Slocan River and the creeks that drain into the watershed.
- An unusual variety of wildlife species animals, birds, trees and plant species.
- A land base made up of agricultural land reserve (ALR), forestry tenure (crown land), private ownership and parks.
- The Sinixt traditional territory encompasses the Slocan Valley. They honour tradition protocol. For information contact: 226-6743

## AIRSHED PROTECTION

www.kootenayairshed.com ..... 825-9527

## WATERSHED PROTECTION

Hills Watershed Committee ..... 358-2355  
New Denver Village Council ..... 358-2316  
Silverton Village Council ..... 358-2472  
Red Mountain Residents Association . . . 358-7766  
Slocan Village Council ..... 355-2277  
Elliot Anderson Christianson Trosso-  
(EACT) Water users Committee ..... 226-0054  
Winlaw Watershed Committee ..... 226-0065  
Perry Ridge Water users ..... 226-7324  
Slocan Valley Watershed Alliance ..... 226-7324

## IMPROVEMENT DISTRICTS

Brandon Improvement District ..... 355-2478  
Slocan Park Improvement District ..... 226-7586  
South Slocan Commission of Management . 359-7107

## SAFETY COORDINATOR (RDCK)

Work ..... 265-0230  
Home ..... 265-3427

WILDFIRE REPORT ..... 1-800-663-5555

## WILDLIFE AND ENVIRONMENTAL

VIOLATIONS ..... 1-800-665-9453

## VOLUNTEER FIRE DEPARTMENTS

(non-emergency numbers)

New Denver ..... 358-2248  
Silverton ..... 358-7281  
Slocan ..... 355-2623  
Winlaw ..... 226-7353  
Passmore ..... 226-7545  
Crescent Valley ..... 359-7353  
Pass Creek ..... 365-3722

## EDUCATION/ADVOCACY

Valhalla Wilderness Society ..... 358-2333  
Slocan Valley Streamkeepers ..... 226-7792  
Bearsmart Hotline ..... 359-6611  
Columbia Basin Trust Water Initiative-  
cbtwater@cbt.org ..... 344-7015  
www.kootenayweeds.com ..... 352-1160  
Kootenay Community Bat Project . . . 352-2260  
Conservation Officer ..... 1-877-952-7277

## REGIONAL PARKS

Galena Trail-  
galena@slocanlake.com ..... 358-2415  
Bigelow Bay Regional Park ..... 358-7200  
Springer Creek Campground ..... 355-2266  
Winlaw Regional and Nature Park . . . 226-7792  
Slocan Valley Heritage Trail Society-  
info@svrt.ca ..... 1-888-683-7878

## PROVINCIAL PARKS

www.env.gov.bc.ca ..... 354-6333  
Reservations ..... 1-800-689-9025  
Summit Lake Provincial Park, Rosebery Provincial  
Park, Wragge Beach, Valhalla Wilderness Provincial  
Park, Kokanee Glacier Provincial Park

## LAND/ECOLOGICAL TRUSTS

Valhalla Foundation for Ecology ..... 358-2796  
Kootenay Land Trust Society ..... 226-6988  
Silva Forest Foundation ..... 226-7222

EMERGENCY- CALL ..... 9-1-1



## **Built Capital**

**Built Assets** include all that human beings have constructed in the natural environment including community halls, parks, cemeteries, and infrastructure: highways, roads, water and sewage systems, garbage and recycling, transportation and communication systems.

### **COMMUNITY HALLS**

Hills Community Doukhobor Hall . . . . .	358-2404
Bosun Hall . . . . .	358-2125
Knox Hall . . . . .	358-2316
Silverton Memorial Hall . . . . .	358-2711
Silvery Slocan Hall . . . . .	355-2622
Women's Institute Hall . . . . .	355-2234
Slocan Valley Thread's Guild . . . . .	226-6989
Appledale Hall . . . . .	355-2283
Winlaw Hall . . . . .	226-7702
Art Farm Space . . . . .	226-7823/7773
Vallican Whole Community Centre . . . .	226-0097
Vallican Heritage Hall . . . . .	226-0097
Passmore Hall . . . . .	226-7506
Slocan Park Hall . . . . .	359-7050/226-7507
Crescent Valley Hall . . . . .	359-7788
South Slocan Anglican Community Hall . .	359-7107
Yoga Schoolhouse . . . . .	359-7519
Brilliant Community Centre . . . . .	365-3613
Hilltop Studio Space (Winlaw) . . . . .	226-7430

### **CEMETERIES**

New Denver/Hills/Area H . . . . .	358-2316
Hills Community Cemetery . . . . .	358-2379
Dumont Cemetery . . . . .	226-7490
Crescent Valley Cemetery . . . . .	359-7154

### **ENERGY**

BC Hydro . . . . .	365-2450
Fortis . . . . .	1-866-436-7847
Terasen Gas . . . . .	1-888-224-2710
Columbia Power Corporation . . . . .	365 8532

### **WATER AND SEWAGE SYSTEMS**

see Village/Regional District offices (PAGE 10)

### **GARBAGE AND RECYCLING**

Regional District of Central Kootenay . .	352-6665
Oil and Anti-freeze Recovery . . . . .	352-9568
Recycling hotline . . . . .	1-800-667-4321
Waste Management . . . . .	352-2286/352-8161
Recycling Centres: New Denver, Silverton, Slocan, Winlaw, Crescent Valley (also takes recycled cans & bottles to support Crescent Valley Youth Centre)	

### **COMMUNICATIONS**

www.slocanlake.com	
www.slocanvalley.com	
. . . . .	358exchange@gmail.com
. . . . .	.javajots@uniserve.com
Community Newspaper Valley Voice . . . .	358-7218
Slocan Valley TV Society . . . . .	226-7845
Area H (north) TV Society . . . . .	358-2375
TELUS (phone lines) . . . . .	310-2255
Slocan Freenet project . . . . .	355-2599
Red Mountain Internet Society . . . . .	358-2191

### **HIGHWAY 6, ROADS AND BRIDGES**

Hazard Reporting . . . . .	1-800-665-8001
ROAD AND BRIDGE MAINTENANCE (YRB)-	
• New Denver (hwy 31a) . . . . .	358-2343
• Winlaw (hwy 6) . . . . .	226-7274
Chip truck accidents report . . . . .	358-2426

### **TRANSPORTATION**

Transit information-	
www.busonline.ca . . . . .	1-877-843-2877
Slocan Lake Water Taxi . . . . .	358-7775
Arrow Lake Regional Bus . . . . .	265-3674
Handy DART . . . . .	1-877-843-2877 ext. 2 or 3
Same day Courier . . . . .	551-2727

### **PROJECTS UNDERWAY**

Columbia Open Mountain Network (CMON)	
Broadband project-	
svedc@slocanvalley.com . . . . .	358-7704
Slocan Youth Skate Park . . . . .	355-2484
Slocan Valley Complex Society . . . . .	355-2562
Slocan Valley Community Forest Initiative-	
communityforest@yahoo.ca . . . . .	355-2206

## **Social Capital**

Our social assets are our relationships to each other: the trust, the cooperation, and the ability to make things happen to look after our own and others.

### **COMMUNITY SERVICES**

W.E. Graham Community Services-  
comschl@netidea.com . . . . . 355-2484  
Arrow and Slocan Lakes Community Services-  
aslcs@aslcs.com . . . . . 358-2433/265-3674

### **FOOD**

Emergency Food Cupboard, Slocan . . . . 355-2484  
Meals at Home-(south valley) . . . . . 226-7433  
Meals on Wheels (north valley) . . . . . 358-7711  
Food Hampers (north valley) . . . . . 358-7787  
KOGS Organic Food Growers . . . . . 226-6823  
Russian Catering Group . . . . . 365-3903

### **HOUSING AND HOUSING GOODS**

Donation Store (New Denver) . . . . . 358-2125  
WIN thrift store (Nelson) . . . . . 505-5444  
SHARE (Nelson) . . . . . 352-1222  
Slocan Valley Seniors Housing Society . . 226-7163  
Healthy Housing Society . . . . . 358-2690  
Habondia Habitat . . . . . 226-7011  
Emergency Housing (Nelson) . . . . . 352-9876  
WIN Transition House (women) . . . . . 364-1543  
Playmor Storage . . . . . 359-7512

### **ELDERS/SENIORS SERVICES**

Passmore Seniors Association . . . . . 226-7743  
New Denver Seniors Association . . . . . 358-2479  
Senior's Counsellor (south) . . . . . 359-7455  
Senior's Counsellor (north) . . . . . 358-2373

### **CHILDREN'S SERVICES**

W. Koot. Child Care Resource/Referral . . 352-6678  
Little Robes (First Nations) . . . 352-6678 ext.225  
Children First- Slocan Table . . . . . 226-6788  
Helpline for Children . . . . . 310-1234  
Kids Help Phone . . . . . 1-800-668-6868

### **YOUTH SERVICES**

Slocan Youth Centre . . . . . 355-2484  
Winlaw Youth. . . . . 226-7902  
Crescent Valley Youth Centre . . . . . 359-8288  
Restorative Justice Committee . . . . . 355-2484  
CBT Youth Council . . . . . 1-800-505-8998  
Facts of Life . . . . . 1-800-739-7367  
Youth Against Violence . . . . . 1-800-680-4264  
Youth Help Line . . . . . 1-800-668-4663

### **FAMILY SERVICES**

Family Place (Nelson) . . . . . 352-6678  
Life After Birth . . . . . 352-6678  
Children First Regional Initiative . . . . . 354-1005  
Hospice Coordinator (north) . . . . . 358-7819  
New Denver Hospice Society . . . . . 358-7787  
Carpenter Creek Last Wishes Group . . . 358-7991  
Nelson and District Hospice . . . . . 352-2337  
Stop the Violence Worker. . . . . 355-2484  
Women's Outreach worker (Nelson) . . . 352-3504  
Victims Services . . . . . 1-800-563-0808  
Women's Support Group (Slocan) . . . . . 355-2484  
RCMP (New Denver) . . . . . 358-2665  
Advocacy Centre (legal) . . . . . 352-5777  
Kootenay Society for Community Living . . 352-1867  
Community Response Network . . . . . 365-7678  
Mental Health (appts North) . . . . . 265-3777  
Mental Health/Addictions (Nelson) . . . . 505-7248  
West Kootenay Volunteer Drivers . . . . . 304-2990

### **SERVICE CLUBS**

Kootenay/Slocan Lions Club. . . . . 226-7745  
Slocan Legion Branch . . . . . 355-2627  
Slocan Valley Women's Institute . . . . . 355-2357  
U.S.C.C. Branch 17. . . . . 226-7578  
South Slocan Hospital Auxiliary . . . . . 359-7864  
New Denver Hospital Auxiliary . . . . . 358-2230  
Silver Ridge Community Club . . . . . 358-7708  
Habondia Lending Society Circle . . . . . 226-7011

**CRISIS LINE** (W. Kootenays) . . . 1-800-515-6999

# Human Capital

The way we educate and train ourselves: the life-long learning that we must all do to adapt to rapid change in science, technology and work.

## SCHOOLS, PARENTS, TEACHERS, STAFF

Lucerne Elementary Secondary . . . . .	358-7222
Facilitated Learning Centre . . . . .	358-7122
W.E. Graham Community School . . . . .	355-2212
Community Service Society . . . . .	355-2484
Valhalla Wilderness Program . . . . .	355-2212
Alternate Education Program . . . . .	355-2212
Winlaw Elementary . . . . .	226-7217
The Whole School (Vallican) . . . . .	226-7737
Brent Kennedy Elementary . . . . .	359-7292
Mt. Sentinel Junior Senior High . . . . .	359-7219
Nelson Waldorf . . . . .	352-6919
Distance Education (DESK) . . . . .	354-4311
Wild Flower . . . . .	505-7020
St. Joseph's Catholic . . . . .	352-3041
International School of the Kootenays . .	354-1310

## CHILD CARE / PRESCHOOL

New Denver Nursery School . . . . .	358-7768
Valhalla Children's Centre . . . . .	355-2222
Appledale Children's Centre . . . . .	226-7844
Brent Kennedy Children's Centre . . . . .	359-5011
Busy Beaver Daycare . . . . .	359-7984
Wee Ones Daycare/Nursery School . . . .	359-7404
The Whole School pre-school . . . . .	226-7737

## NETWORKS

Family Literacy- New Denver . . . . .	358-7768
CBAL Literacy Network- Slokan Valley . .	355-0032
District parents (DPAC) . . . . .	226-7751
Lucerne Association for Community Living- (LACE) . . . . .	358-2125
Success by Six/Children First . . . . .	354-1005
Women's Centre (WKWA) . . . . .	352-9916
Asociacion Francophone . . . . .	afk@telus.net . 352-3516
International Homestay Society . . . . .	352-3878
WWOOF Organic Farms . . . . .	354-4417
The Well (WORC in Nelson) . . . . .	352-1224

## BUSINESS AND EMPLOYMENT

Outreach Employment Services- aslcs@aslcs.com . . . . .	358-2433
Slocan Employment Centre (KCDS) . . . . .	355-2840
Slocan Learning Centre (computers)- wegcap@netidea.com . . . . .	355-2599
Youth Employment (YERC) . . . . .	359-8288/355-2840
First Nations Employment and Training .	304-2246
Metis Kootenay Region . . . . .	1-800-521-5119
Community Futures . . . . .	352-1933
Centre for Innovative and Entrepreneurial Leadership (CIEL) . . . . .	352-1933
Apprenticeship, Trades . . . . .	1-866-368-6360
Selkirk College . . . . .	352-6601/365-7292
Electronic Arts Centre . . . . .	355-2484
Kootenay Permaculture Institute . . . . .	226-7302
Academy of Classical Oriental Sciences .	352-5887
Kutenai Art Therapy Institute . . . . .	352-2764
Kootenay Stone Centre . . . . .	357-9515
Kootenay School of the Arts . . . . .	352-2821

## BUSINESS ASSOCIATIONS/LISTINGS

www.slocanlake.com	
www.slocanvalley.com	
Slocan Lake Chamber . . . . .	chamber@slocanlake.com
Destination Silverton . . . . .	mainline@netidea.com
Slocan Valley Cooperative Association . . . . .	svcoop@telus.net
Tourism Action Society in the Kootenays . . . . .	www.taskbc.ca.ca

## FINANCING/BUSINESS SUPPORT

Castlegar Savings and Credit Union .	www.cascu.com
Slocan Park . . . . .	226-7212
Kootenay Savings Credit Union . . . . .	www.kscu.com
Junction . . . . .	359-7221
New Denver . . . . .	358-2217
Community Futures of Central Kootenays .	352-1933
Circle of Habondia Lending Society . . . .	226-7011
Basin Business Advocates . . . . .	1-877-894-5939
Aboriginal Business Advocates . . . . .	426-0595

## UNIONS

Pulp and Paper Woodworkers . . . . .	365-8116
Electrical Workers . . . . .	354-4177
BC Government and Service . . . . .	354-4808
Hospital Employees . . . . .	354-4466
Labour Council (West Kootenay) . . . . .	352-9223

## **Cultural Capital**

Cultural assets are the structures that underlie community values. They are the places we meet, and how we do things.

### **RECREATION/ARTS**

Slocan Lake Recreation Commission . . . . 358-7200  
Slocan Valley Recreation Commission . . . 226-0008  
Slocan Lake Arts Council . . . . . 358-7965  
Slocan Valley Arts Council . . . . . 226-7494  
Columbia Kootenay Arts Alliance . . . . . 358-7269

### **CHARITIES**

Rural Alternative Research and Training Society-  
(RARTS) . . . www.vallicanwhole.ca . . . . 226-0097  
W.E. Graham Community Service Society-  
comschl@netidea.com . . . . . 355-2484  
Worldsign Communication Society . . . . . 355-2408  
Lucerne Association for Community Education-  
(LACE) . . . . . 358-2125

### **HISTORICAL SOCIETIES**

Silverton Historical Society . . . judigarden@look.ca  
Silvery Slocan Historical Society . . . . . 358-2656  
Sandon Historical Society . . . . . 358-7965  
Slocan Lake Gallery Society . . . . . 358-7269

### **SPECIAL PLACES**

Nikkei Internment Memorial Center . . . 358-7288  
Kohan Reflection Garden . . . . . 358-7772  
Sandon Museum . . . . . 358-7920  
Silvery Slocan Museum . . . . . 358-2201  
Hidden Garden Art Gallery . . . . . 358-2754  
Silverton Gallery . . . . . 358-7269  
White Pines Dojo (Slocan) . . . . . 355-0009

### **RETREAT CENTRES**

Benailse Retreat Centre . . . . . 226-7840  
Ashinah Retreat Centre . . . . . 355-2791  
Little Slocan Eco-lodge . . . . . 355-2900  
Stepping Stones Retreat . . . . . 365-7773

### **MARKETS**

New Denver (Fridays) . . . . . 358-7733  
Slocan (Sundays) . . . . . 355-2592

### **LIBRARIES**

Reading Room (Slocan) . . . . . 355-2599  
New Denver Reading Centre . . . . . 358-2221  
SILK Selkirk College Library . . . . . 365-1229  
Toy Lending Library (Family Place) . . . . . 352-6678

### **RECREATIONAL CLUBS/ASSOCIATIONS**

Hills Recreation Society . . . . . 358-2722  
Hills Nordic Ski Club . . . . . 358-2303  
Slocan Lake Arena Society . . . . . 358-2863  
Cycling Club . . . . . 358-7941  
New Denver Golf Club . . . . . 358-2408  
Valley View Golf Club . . . . . 226-7241/226-7465  
Slocan Curling Club . . . . . 355-2662  
Winlaw/Slocan Soccer Club . . . . . 355-2473  
Slocan Badminton Club . . . . . 355-2698  
Scouts/Cubs/Beavers-  
    New Denver . . . . . 358-2509  
    Slocan . . . . . 355-2468  
Guides/Brownies/Sparks/Pathfinders-  
    North Valley . . . . . 358-7291  
    South Valley . . . . . 359-7315  
Columbia Canoe Club . . . . . 226-7576  
Slocan Valley Wildlife Association . . . . 226-7231  
SV Backcountry Access Society . . . . . 226-6960  
Slocan Valley Outriders . . . . . 355-2300  
South Slocan Sports Association . . . . . 359-7408  
Slocan Valley Snowmobile Association . . 226-7700  
West Kootenay Kennel Club . . . . . 359-7154  
Fun in the Sun . . . . . 355-2484  
Summer Fun (3 to 5 Years) . . . . . 355-2222

### **SUPPORT GROUPS (ADDICTIONS)**

Alcoholics Anonymous . . . . . 355-2471  
Passmore AA Group . . . . . 355-2471  
Overeaters Anonymous . . . . . 226-7710  
Co-dependants Anonymous . . . . . 226-0092  
Neurotics Anonymous . . . . . 226-7910  
Narcotics Anonymous . . . . . 1-800-342-7439  
Freedom Quest-  
    Drug and Alcohol Counselling for Youth . 304-2676  
    Addictions Services . . . . . 1-877-304-2676  
    Gambling . . . . . 1-888-795-6111



# Health and Well-being

## PREVENTION/SUPPORT

Pregnancy Outreach . . . . .	352-6678
Family Support (children 0-4) . . . . .	352-1655
Compassionate Friends . . . . .	226-7605
Rainbow Program (family grief) . . . . .	359-7317
HepC/Liver Disease Support . . . . .	355-2732
Options for Sexual Health . . . . .	359-7125
Ankors (HIV, AIDS, safe sex) . . . . .	505-5506
Living with Chronic Conditions . . . . .	365-2460
Community Response Network . . . . .	365-7678
Parents, families and friends of Lesbians and Gays . . . . .	365-4826

## SPIRITUAL GROUPS/CHURCHES

Presbyterian Church . . . . .	226-7540/355-2471
Anglican Church of Canada . . . . .	352-5711
Catholic (Slocan and New Denver) . . . . .	265-3237
SRI Nichiren Buddhism . . . . .	226-7405

## GARDENING

Gardening Rangers for Bio-sustainability- (GRUBS) . . . . .	358-7772
Slocan Lake Garden Society (SLUGS) . . . . .	358-6806
Silvery Slocan Garden Club . . . . .	355-2367
Slocan Valley Art and Garden Tour . . . . .	226-7347

## MUSIC

Valhalla Summer School of Music . . . . .	358-2703
Valhalla Choral Society . . . . .	358-7986
Slocan Community Orchestra . . . . .	358-2282
Accompanist, music classes . . . . .	358-2604
Harold Street Harmony . . . . .	355-2414
One World Choir . . . . .	354-1310
Slocan Valley Russian Choir . . . . .	226-7722
Friends in Unity Women's Choir . . . . .	359-7445
Slocan Valley Community Band . . . . .	355-2459
Group Singing Classes . . . . .	355-2591
Kinder Music . . . . .	355-0009
Country Music Jams . . . . .	226-6779

## FLOWER ESSENCES

Flower Essences and Tellington Touch . . . . .	358-2754
Elemental Energies . . . . .	359-6867

## DANCE

Slocan Lake Dance Club . . . . .	358-2448
African Dance and Drum . . . . .	226-7754
Dances of Universal Peace . . . . .	355-2591
Worldsign Dance . . . . .	355-2408

## ART

Electronic Arts Centre . . . . .	355-2484
Ceramics Club . . . . .	355-2487
Artel Pottery . . . . .	358-2689
Expressive Arts . . . . .	358-2177
Valhalla School of Theatre Arts . . . . .	358-2440

## WRITING

Slocan Lake Writer's Guild . . . . .	358-2375
Writing from the Heart . . . . .	352-7809

## FITNESS/EXERCISE

New Denver Fitness Room . . . . .	358-7819
One and Only Fitness Palace . . . . .	359-2283
Qigong . . . . .	352-7537
Aikido . . . . .	355-0009
Tae Kwan Do . . . . .	359-7858
Tai Chi . . . . .	355-0078
Yoga with Madeleine . . . . .	358-2475
Yoga Schoolhouse . . . . .	359-7519

## MASSAGE/SPA

Alpine Touch (mobile) . . . . .	358-2322
Pristine Day Spa . . . . .	358-6804
Reiki and health support . . . . .	358-2559
Sol Touch Massage . . . . .	359-5007
Registered Massage . . . . .	359-7272

## AROMATHERAPY/COLOUR THERAPY

Aromatherapy . . . . .	355-2975
Aromatherapy . . . . .	226-7862
Colour Therapy . . . . .	359-5035

## NETWORKS

The Healing Affair . . . . .	226-7840
Non-violent Communication . . . . .	226-7216
ACTNow Health . . . . .	Sherry.Kelly@interiorhealth.ca
www.wellbeingnetwork.ca	



## Health Facilities/Services

### NEW DENVER

Slocan Community Health Centre . . . . . 358-7911  
Emergency 24/7, x-rays, Lab, Physiotherapy Clinic,  
& Doctor . . . . . 358-7211  
Home and Community Care. (north) . . . . . 358-7804  
Residential Care . . . . . 358-7818  
Residents line . . . . . 358-7805  
Health Centre Auxiliary . . . . . 358-2230

### SILVERTON

Dentist and tooth care . . . . . 358-2295  
Chiropractic (Hands and Soul). . . . . 358-2177  
Naturopath . . . . . 358-2562

### SLOCAN

Slocan Health Centre (coming soon) . . . 355-2277  
Home Care (south valley) . . . . . 352-1415

### WINLAW

Touchstone Healing Coop, Spicer Centre . 226-7018  
(acupuncture, aromatherapy, massage, Reiki)  
Valley Care- supported living 24/7 . . . . . 226-6724

### SLOCAN PARK

Slocan Park Medical Clinic . . . . . 226-7111  
(family medicine, massage, laboratory)  
Chiropractor . . . . . 226-7989

### CRESCENT VALLEY/SOUTH SLOCAN

Physiotherapy . . . . . 359-2227

### GENERAL

Community Health Services . . . . . 505-7200  
Nurses Line 24/7 . . . . . 1-866-215-4700  
Interior Health (complaints/suggestions) 304-2888

CRISIS LINE (24/7) . . . . . 1-800-515-6999

### DETOX-

Kamloops . . . . . 1-877-318-1177  
Kelowna . . . . . 1-866-860-4001

POISON CONTROL CENTRE . . . . . 1-800-567-8911

AMBULANCE- CALL . . . . . 9-1-1

## Elected Representatives

### VILLAGE OFFICE/MAYOR

New Denver- Gary Wright . . . . . 358-2316  
Silverton- John Everett . . . . . 358-2472  
Slocan- John Van Breugel . . . . . 355-2277  
RDCK- Don Munro . . . . . 226-7090

### SCHOOL DISTRICT #8 (KOOTENAY LAKE)

Penny Tees . . . . . 226-7605

### SCHOOL DISTRICT #10 (ARROW LAKES)

Laura Lee Brekke . . . . . 358-2578

### MEMBER OF LEGISLATIVE ASSEMBLY (MLA)

Corky Evans-  
Nelson . . . . . 354-5944  
Victoria . . . . . 387-3655

### MEMBER OF PARLIAMENT (MP)

Alex Atamanenko-  
atamaa1@parl.gc.ca . . . . . 365-2792

### REGIONAL DISTRICT OF CENTRAL KOOTENAY

info@rdck.bc.ca . . . . . 1-800-268-7325/352-6665

### AREA H (Slocan Valley) Directors-

Don Munro, Gary Wright, Carol Bell, John Gates

RDCK Planning Department . . . . . 352-8159

Slocan Valley Economic Development Commission-  
svedc@slocanvalley.com. . . . . 359-5998

Slocan Valley Advisory Planning Committee. 226-7090

Kootenay Regional United Nations Association-  
(KRUNA) . . . . . 365-3613

Slocan Lake Recreation Commission . . . . 358-7200

Slocan Valley Recreation Commission . . . 226-0008

### NEWS/PRESS

Community Newspaper . . . valleyvoice@netidea.com  
Community news-

. . . . . 358exchange@gmail.com  
. . . . . javajots@uniserve.com

www.slocanlake.com

www.slocanvalley.com

www.kootenaycuts.com

KBS Public Service Announcements . . . . 352-5510

Kootenay Coop Radio . . . . . 352-9600

CBC Canadian Broadcasting Corporation . 352-1642

## Natural Networks- Mobilizing Assets

In rural areas such as ours, some natural networks, among families for example, still exist. A result of this study is that new networks and partnerships are slowly coming together. Concerned people primarily involved in organizations and businesses, need tables (or spaces) to sit down to talk, just long enough to decide to take some action, however small, to benefit the public good and protect our public assets.

### WATER

- Watershed groups and concerned individuals
- Municipalities and local management committees
- Stream keepers and other non-profits
- Columbia Basin Trust Water Initiatives

### FOOD

- Local retail food stores
- Farmers (we need more)
- Food producers and packagers
- KOGS and other non-profit organizations

### HOUSING

- Municipal Governments
- CMHC (Federal)
- Provincial (should fund local groups)
- Health Housing Society, Habondia Habitat, Smart Growth BC, Eco-Trust Canada and other non-profits
- Local contractors and building supplies owners

### HEALTH

- Health services available locally
- Alternative practitioners
- Social coops owned and managed by local people
- Networks such as Kootenay Well-being and Healthy communities

### LEARNING NETWORK

- Parent Advisory Groups and School Planning Councils, Unions and Staff,
- Networks: Literacy, Children First, Community Services, charities, non-profits
- Recreation and art authorities,
- Local businesses, credit unions and training institutions

### FORESTRY

- Woodworkers, local contractors, wood suppliers, firewood workers, small mills
- SV community forest initiative, Municipal governments,
- Unions and owners of forestry companies

## Final Words-

### NEEDED-

- **ARTS, HERITAGE AND CULTURAL** table: artists, arts councils, heritage and cultural non-profits. Markets and local businesses
- **BUSINESS ASSETS MOBILIZATION** How to support local business? No government will do this for us; it is up to us. Perhaps encourage local groups (such as Destination Silverton) to affiliate as independents with the Slocan Chamber.
- **OVERALL SOCIAL PLANNING COUNCIL** Coordination of people engaged with youth, seniors, family services, social services for integrated planning, management, funding.

### A WORD TO THE WISE

1. Latent volunteers in the community are youth (who need volunteer time for graduation portfolio) and newcomers who have skills and time.
2. The squeaky wheel gets the grease. If we don't tell our local representatives what we need and want as a community: how will they know?

### INFORMATION CONTACT

Laverne Booth . . . . . laverne@netidea.com  
W.E.GrahamCommunityServiceSociety.355-2484