

Attention Slocan valley Seniors

There are 3 new programs that are designed to assist you:



United Way helping seniors remain independent.



West Kootenay
Nav-CARE

- **The Slocan Valley Better at Home program** offers services on a sliding scale based on income such as light housekeeping, yardwork and/or handyman services. You can apply to Slocan Valley Better at Home by emailing slocanvalleybetterathome@wegcss.org or calling 250-777-8339. Slocan Valley Better at Home is a program operated by W.E. Graham Community Service Society and funded by the Government of BC and operated by the United Way British Columbia
- **The Emergency Preparedness Program** is creating a database of seniors and volunteers so that in an emergency, community volunteers can do wellness checks on seniors in their area. It offers all seniors who register a free winter emergency preparedness kit. Add your name to the Emergency Preparedness database by contacting us at anabokstrom@wegcss.org or 250-551-6190 The Emergency Preparedness Program is operated by W.E. Graham Community Service Society and funded by United Way British Columbia.
- **The Nav-CARE program** offers volunteer navigators to adults with declining health, social isolation and/or increased frailty. Nav-CARE volunteers are trained to provide support in accessing services, social visits and increasing connections to the community. To become a Nav-CARE client or volunteer go to <https://westkootenaynavcare.org> or call 250-551-6190 Nav-CARE is a program operated by West Kootenay Nav-CARE and the Greater Trail Hospice Society.